Outside a drugstore in the Port Authority Bus Terminal, Bernice McCann found a woman sitting among a cluster of bags. The woman’s hands had deep gashes cut by the cold New York City winter. McCann applied ointment to them, massaged them gently and bandaged the wounds. She is a grandmother, and the woman was old enough to be one too. All along they talked. McCann told the woman how beautiful she was, which is what she tells all the street people she meets on these Monday-night rounds in and around Port Authority. They smile and embrace her and tell her their news. A handful of younger friends watch and follow her, giving out their sandwiches and snacks—more timidly, mostly learning from the master, mostly transfixed by her affection.

A couple of hours before heading to Port Authority, the group, which calls itself the HAB Community, gathers a few blocks away, at the office of an organization for homeless and at-risk youth. HAB’s convener is Adam Bucko, a 39-year-old Polish emigre with dreadlocks as long as he is tall tied neatly behind his head. These Monday-night meetings are a kind of testing ground for the ideas described in his recent book with Rory McEntee, *The New Monasticism: An Interspiritual Manifesto for Contemplative Living*.

After tea and a few yoga poses, he leads meditation and prayer on the floor in a small chapel. The candle-lit altar there includes a dark-skinned Madonna-and-child icon, Arabic script from the Quran and Tibetan prayer flags. There is a hand-copied quotation from Martin
Luther King Jr. that reads, “If today’s church does not recapture the sacrificial spirit of the early church, it will lose its authenticity.” The passage continues: “Every day I meet young people whose disappointment with the church has turned into outright disgust.”

Bucko and McCann grew up Catholic. Visit New York’s Catholic Worker houses with McCann, and she can introduce you to the old-timers. The beginnings of The New Monasticism were in meetings at St. Benedict’s Monastery, a Trappist community in Colorado, under the guidance of Thomas Keating, O.C.S.O. Yet Bucko has also been received into the Episcopal Church; he counts among his spiritual compatriots a Sufi master and eco-feminist nuns. Many of the L.G.B.T. youth he works with were driven to the streets by religion-inspired bigotry. He seeks a catholicism more universal than what the Catholic Church normally practices.

At a time when religious orders are seeing few or no new postulants, when monasteries and convents are becoming nursing homes, Bucko is setting aside new space for contemplation and works of mercy in the middle of Midtown Manhattan. Experiments like this fulfill Thomas Merton’s prophecy that the monasteries of the future will be not big, medieval abbeys but small communities scattered wherever the world is in need. As they appear, they chart out different routes between the legacies behind them and the world before them.

Thirty blocks uptown, Karen Gargamelli has been chipping away cracked paint in a run-down, six-story townhouse with her boyfriend, her mother, Catholic Workers, a team of Dominican Volunteers and some Jesuit scholastics. By day, Gargamelli, 33, is a lawyer who helps low-income people facing foreclosure and eviction. Now she has found a home of her own.

Despite not sensing the call to vowed religious life, she confesses a calling to be a foundress. This might seem grandiose were she not both temperamentally humble and resolutely practical. For years she has been writing proposals, forming boards and meeting with diocesan officials. At last she found a priest with a building he needed to rent, a former convent with a solemn chapel and rooms that are tiny even for New York. Starting this summer, Dominican Volunteers will fill some of them; others will house lay community members and homeless guests. They will call themselves Benincasa Community, after the surname of St. Catherine of Siena, a Dominican tertiary who lived not in a convent but in her family’s home.

On the first day of cleaning, Gargamelli and her crew received a visit from Genevieve Whitmore, a member of the Sisters of Charity who lived in the building a decade earlier.
Sister Whitmore remembers praying, as she moved out, that new life would come to the place. The interval had left the house partly in ruin. “But you know,” she said, “ten years is not a lot in God’s time.”

**Nathan Schneider** is the author of *Thank You, Anarchy and God in Proof*. Website: [TheRowBoat.com](http://TheRowBoat.com); Twitter: [@nathanairplane](http://twitter.com/nathanairplane).

---

**Source URL:** [http://americamagazine.org/issue/new-monasticisms](http://americamagazine.org/issue/new-monasticisms)

**Links:**